

GMB BENEFITS AND DISCOUNTS FOR MEMBERS



Brought to you by GMB Extra

Your GMB membership provides you with lots of additional benefits and offers, over and above GMB's assistance in your workplace.

We Provide

- GMB Protect insurance (Free £5,000 Accidental Death Cover)
- GMB Learning
- GMB NHS Dental Plan
- UnionLine
- GMB Credit Union
- GMB Cash benefits and support



John Cope Trust for Training and learning opportunities.

Established by GMB London Region to offer our members funding for further education.



Scan here to find out more!

www.gmblondon.org.uk/benefits

Members discounted offers include:

- Home, car, gadget and travel insurance!
- Lighthouse Financial Advice
- Dell Computers
- Crown Paints
- Hotpoint Privilege Purchase Club
- Newspaper and Magazine Subscriptions
- Vision Express
- Coastal Cottages
- National Express Coaches
- Haven Holidays
- Airport Parking / Hotel & airport parking
- Fred Olsen Cruises
- Free Taste Card membership for 3 months
- Cinema Tickets
- Trace Me luggage tracker
- Lots of attractions and theme parks



www.gmblondon.org.uk

GMBLondonRegion

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UnionLine

www.unionline.co.uk

0300 333 0303

Join now for protection, support and advice.

Hand this form to your local GMB representative, or post it by simply writing 'FREEPOST GMB LONDON REGION' on an envelope. You don't need a stamp or any other address details. Questions? Email us at london.membership@gmb.org.uk or visit our website: www.gmblondon.org.uk where you can also join instantly.

PLEASE USE BLOCK CAPITALS

SIGN WHERE YOU SEE THE **X** s

TELL US ABOUT YOU. This will help us do the best possible job for you.

Forename <input type="text"/>	Home address <input type="text"/>	Work address <input type="text"/>
Surname <input type="text"/>	Postcode <input type="text"/>	Postcode <input type="text"/>
Title Ms Miss Mrs Mr Mx		
Home phone number <input type="text"/>	Email address <input type="text"/>	Job title <input type="text"/>
Mobile number <input type="text"/>	Employer <input type="text"/>	Hours a week <input type="text"/>

THE IMPORTANT BITS. Please authorise the Direct Debit.

Instruction to your Bank or Building Society to pay by Direct Debit



Please fill in the form and send back to 'FREEPOST GMB LONDON REGION'

Name & full postal address of Bank/Building Society

Service User Number

To the Manager of Bank/Building Society
Address:

Reference (FOR GMB USE ONLY)

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Postcode:

Instruction to your Bank or Building Society. Please pay GMB Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with GMB & if so, details will be passed electronically to my Bank/Building Society.

Name(s) of account holder(s)

Signature(s)

Date

Account number

Sort code

Banks/Building Societies may not accept Direct Debit instructions for some types of account.

PAYMENT DATE. Please select a payment date.

This is not part of the instruction to your bank or building society.

If you are paid monthly 1st* 8th* 16th* 23rd* Last day of the month* OR if you are paid 4 weekly 1st Friday 2nd Friday 3rd Friday 4th Friday
* or next working day

STAYING IN TOUCH. We want to make it as easy as possible to talk to each other.

GMB contacts members by email, phone and SMS about issues related to membership, membership services and campaigns

Tick if you DO NOT wish to be contacted by: Email Phone SMS

GMB has a political fund to pay for political campaigning, which you can opt-in to for **1p a week**. In the past, the fund has helped win rights such as the minimum wage and maternity leave. There will be no detriment to you if you do not opt-in

Do you want to opt-in to the political fund? YES NO

AND JOIN. I agree to abide by GMB rules.

Signed

Date

Welcome to the GMB Union family!

To read the GMB rulebook please visit www.gmb.org.uk/rules For our privacy policy go to www.gmb.org.uk/your-privacy

You can change your contact preferences at any time by logging into your MyGMB area at www.gmb.org.uk/mygmb

FOR GMB
USE ONLY

Section

Branch number

Membership number

Join date